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Press Release

Govt. Degree College Ramban celebrates Online 7th International Yoga Day on 21st June 2021.



NSS unit of the college in collaboration with the Department of Physical Sciences and Sports of college organised an online event on eve of the celebration of 7th international Yoga day with a theme yoga for strong immunity on 21-06-2021 under the guidance and patronage of Dr. (Mohsin) Bashir Dar Principal of the college. The online event was organized in sequel to the series of events being organised on eve of International Yoga Day. Three online competitions namely, Intra-college Poster Making Competition for students on a theme "Yoga for strong immunity", Perfect Asana pics competition for students and Perfect Asana pics competition for Teaching and Non-Teaching Staff related to yoga were held. In the poster making competition, forty (40) posters were received from students of the college. And in perfect Asana pics competition all teaching and non-teaching staff participated. Students of all semesters also participated in the perfect Asana pics competition. The top three positions in intra-College poster making Competition were Sunali Devi of 3rd Semester, Dhriti Sharma of 6th Semester, and Ravi Kant of 6th Semester and Sandiya of 2nd Semester. The top three positions in Asana Pics Competition in Students category were Suresh Singh of 2nd Semester, Shalini Raju and Sonali Sharma of 6th Semester. And the top three positions in Asana Pics Competition in College Faculty category were Prof. Vickey Rattan, Prof. Younis Ahmad Rather and Parveen Kumar. The posters were evaluated by Prof. Vickey Rattan, NSS officer of College and Prof Vijay Kumar, HOD Urdu and the Asana pics were evaluated by Mr. Ramandeep Kralia, Director Physical Education and Sports of college. The program was coordinated by Prof. Vickey Rattan, NSS Program officer, Mr. Ramandeep karlia and Prof Vijay Kumar. The organising secretary of this online event was Prof Younis Ahmad Rather.

Sd/-
Dr. (Mohsin) Bashir Dar
Principal